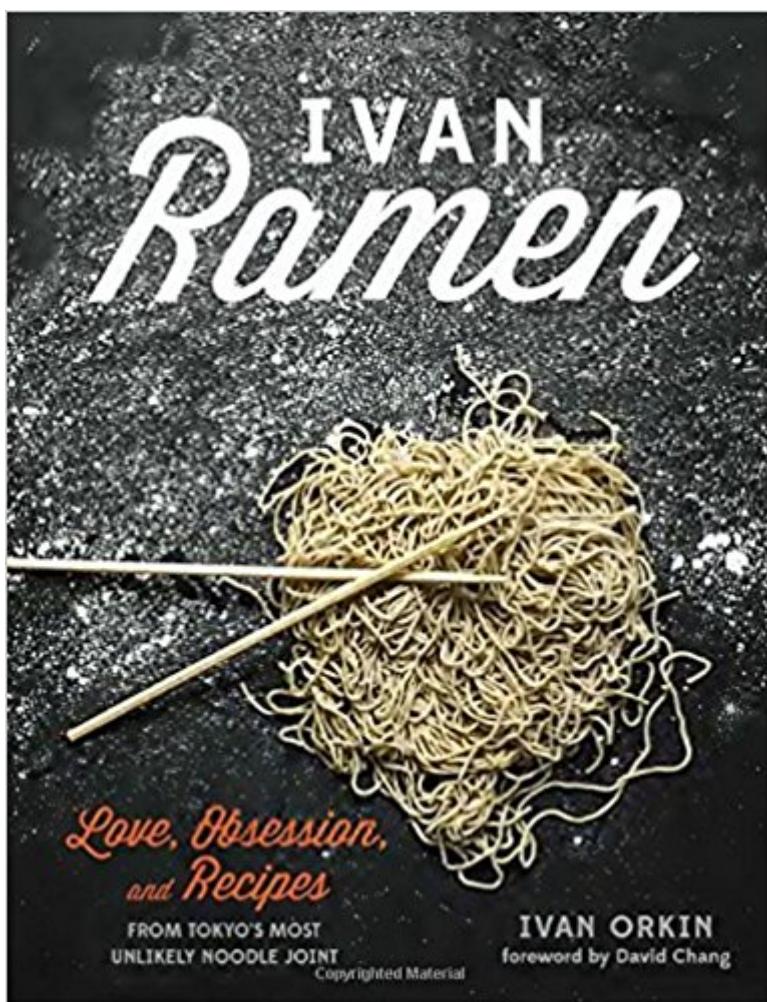


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# Ivan Ramen: Love, Obsession, And Recipes From Tokyo's Most Unlikely Noodle Joint



## Synopsis

The end-all-be-all guide to ramen featuring more than 40 recipes from Ivan Orkin, the iconoclastic New York-born owner of Tokyo's top ramen shop. While scores of people line up outside American ramen powerhouses like Momofuku Noodle Bar, chefs and food writers in the know revere Ivan Orkin's traditional Japanese take on ramen. *Ivan Ramen* chronicles Orkin's journey from dyed-in-the-wool New Yorker to the chef and owner of one of Japan's most-loved ramen restaurants, Ivan Ramen. His passion for ramen is contagious, his story fascinating, and his recipes to-die-for, including the complete, detailed recipe for his signature Shio Ramen, master recipes for the fundamental types of ramen, and some of his most popular ramen variations. Likely the only chef in the world with the knowledge and access to convey such a candid look at Japanese cuisine to a Western audience, Orkin is perfectly positioned to author what will be the ultimate English-language overview on ramen and all of its components. *Ivan Ramen* will inspire you to forge your own path, give you insight into Japanese culture, and leave you with a deep appreciation for what goes into a seemingly simple bowl of noodles.

## Book Information

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## Customer Reviews

Featured Recipes from *Ivan Ramen* [Download the recipe for Dashi Maki Tamago](#) [Download the recipe for Omuraisu](#) [Download the recipe for Schmaltz-Fried Chicken Katsu](#) [A](#)

This is an autobiography and a cookbook, of sorts. More than that, it's a journey of

the making of an American ramen chef and an education into what constitutes a deceptively simple bowl of noodles in soup. Long Island's Ivan Orkin traces his obsession with all things Japanese to his teens and college years, majoring in the language and its culture at the University of Colorado. After years of working unloved jobs and traveling to and from Asia, Orkin changed his life by attending the Culinary Institute of America and eventually secured stints at Lutèce and Restaurant Associates and opened a ramen shop in Tokyo. Thanks to his discovery by such celebrities as Ohsaki-San (Japan's acknowledged ramen expert and manufacturer Sapporo Ichiban, among other good-luck encounters, Orkin established a following. Back in Manhattan, he now offers this book instructing readers in the ramen-making process: half-dozen-plus components fabricated from ingredients, all photographed and meticulously detailed in more than 30 recipes. Perhaps the tasks may be too complex, but by the end, all readers will gain an appreciation of the intricacies of ramen. --Barbara Jacobs

First off, I have to address that several people who reviewed the book say there is only one ramen recipe. Actually, in the "Variations on a Noodle" chapter there are 8 additional full ramen recipes. Most of them incorporate components from the shio ramen recipe. Ivan also includes recipe components that create completely different kinds of bowls of ramen including tsukemen ramen, mazemen ramen, dashi ramen, variations of shoyu ramen, summer special mazemen ramen, and even fat rye noodles for the ramen!! If you make the shio ramen, you are halfway to many more fantastic bowls of ramen!!! Ivan does not pretend that this isn't a memoir! On the back of the book it says it's a memoir and a cookbook! It's two books in one!! I live in Southern Oregon which isn't exactly a hotspot for ramen shops. I would have to either travel to New York or Japan to get Ivan's ramen!! But instead, in an incredible spirit of generosity, Ivan shares his exact recipes with us! Now I truly can make his ramen at home and I will be as soon as I can track down all the ingredients! :)

Locally sourced ingredients, emphasis on quality, flavor-fulness and joy made this man's restaurants a success. Artisinal' foods from a ramen angle is what made this an exceptional read; most unusually the author shares his proprietary recipes to illustrate the simplicity and exhaustive processes behind his brilliance. Plus I enjoyed him on 'Mind of a chef'. This is his story.

I enjoy the personal touch of the stories with the recipes. You can almost taste the food without lifting a finger to cook! Can't wait to dive into a recipe.

This is a great book of perseverance, humor, triumph and a quirky Jewish man from New York going to Japan to fall in love with Ramen, the most quintessential Japanese comfort food. His book is laid out well for recipes and it's fun reading about his experiences in Japan as well as back here in the good 'ol USA.

this is an excellent read for those that aspire to master the art of ramen cooking and broth making

Simple story about a complicated bowl of ramen, makes our want to give it a try . I love making noodles

Great story, awesome recipe for possibly the best ramen on the planet!

Love his ramen and his book!

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